



## WA Peer Support Practitioners Group Social Meet Ups

Our Jan to Jun 2015 Calendar of monthly social dinners for peer supporters.

Every 2<sup>nd</sup> Wednesday of the month, 6.30pm onwards. RSVP by the Friday before for table bookings

RSVP and enquiries: Rhianwen 0434529525 or [info@peersupportwa.org.au](mailto:info@peersupportwa.org.au)

[Please Turn Over for More Information](#)

Month	RSVP By	Location
Wed 14th January	Fri 9th January	Santa Fe, Subiaco 315 Hay Street (Licenced)
Wed 11th February	Fri 6th February	Hogs Breath Café, Kelmscott 2938 Albany Highway (Licenced)
Wed 12th March	Fri 6th March	Café Elixir, Wanneroo 3 Rocca Way (BYO)
Wed 8th April	Fri 3rd April	The Garden, Leederville 742 Newcastle St (Licenced)
Wed 13th May	Fri 8th May	Chatters Café and Restaurant, Midland Midland Gate Shopping Centre CNR of Cale street and The Crescent (Licenced)
Wed 10th June	Fri 5th June	Joy Kitchen, Fremantle 72 Marine Terrace (BYO Wine Only)

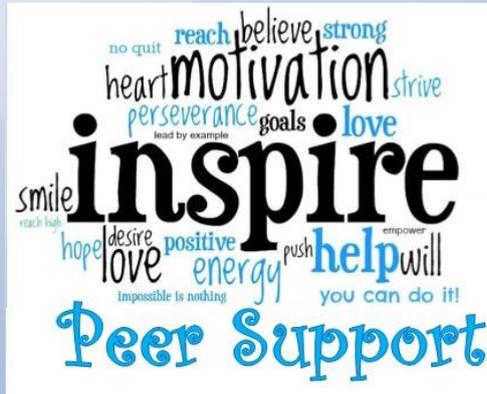
CoMHWA



Consumers of Mental Health WA (Inc)

Consumers of Mental Health WA is proud to host and support the WA Peer Support Practitioners Group, WA's independent network of peer support practitioners.

# About the WA Peer Support Practitioners Group



## About Us

The WA Peer Support Practitioners Group (WAPSPG) is a newly established network for peer supporters, offering peer support news and opportunities to connect with other peer supporters for growth, learning and mutual support.

The WAPSPG is unique as a peer-led and independent group for peer supporters and advocates.

## What is Peer Support?

Peer support is about giving and receiving help based on a shared identity or lived experience. It may be paid or unpaid, formal or informal, between individuals or family members/carers, and from a variety of sectors and walks of life.

## History of WAPSPG

WAPSPG's first meeting was held as a planning forum in June 2014 hosted by Connect Groups. The forum identified social and support opportunities as a first priority and since then monthly Social Meet Ups have been held. It also identified a range of peer support development activities that needed further exploration and action. In November 2014, a further planning day was held. A Strategic Plan for a future peer support association was developed, and a group (the Peer-Led Advisory Group) was formed from and for members of WAPSPG, in order to progress other key priorities identified by peer supporters. Helen Farrell is founder of the WAPSPG and Chair of the Peer-Led Advisory Group. Rhianwen Beresford from Consumers of Mental Health WA (CoMHWA) is current convenor of WAPSPG.

## Who Can Join:

The WAPSPG is open to those in Peer Support roles, those with a passion or interest in offering Peer Support, and those who advocate for the peer workforce. It's free to join—to sign up simply email [info@peersupportwa.org.au](mailto:info@peersupportwa.org.au) or phone Rhianwen on 0434 529 525 for more information.

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