

Community Mental Health Practitioner Peer Practitioner



Mind Australia Limited is a leading community managed specialist mental health service provider. We have been supporting people dealing with the day-to-day impacts of mental illness, as well as their families, friends and carers for 40 years.

We provide practical and motivational support that helps people develop the skills they need to move on, thrive and improve the quality of their lives. It's an approach to mental health and wellbeing that looks at the whole person in the context of their daily life.



Position details

Community Mental Health Practitioner - Peer Practitioner

Position reference	17627
Position type	Part time fixed term contract working 22.8 hours per week.
Classification	Community Mental Health Practitioner (CMHP) Level 1
Remuneration	\$46,192.89 - \$55,748.33 per annum pro rata, dependant on qualifications and experience, plus 9.5% superannuation and salary packaging.
Service	Mackay Adult PARC
Area/division/state	Mackay/North Qld /Queensland
Effective date	May 2017

Position purpose

The Peer Practitioner will utilise their lived experience of mental ill health and recovery to provide specialist services to clients, families and carers and teams in line with Mind's Model of Recovery Oriented Practice and according to the values of Mind.

Peer support is an important part of Mind's approach to recovery. Drawing on lived experience of mental ill health and recovery provides unique and effective expertise in supporting consumers in their recovery journey, instilling and modelling hope. The peer support worker works as part of a broader multidisciplinary partnership team, with lived experience being the unique specialist lens that they work through.

Service information

Mackay Step Up Step Down (SUSD) facility provides a short term (up to 28 days) 24 hour residential service for adults (18-64) who are experiencing mental ill health in Mackay and surrounding areas. This new team will work closely with Queensland Health to coordinate recovery oriented treatment and support.

Our customers might be transitioning from an acute hospital setting back into the community or already residing in the community but would benefit from some additional support to prevent a hospital admission.

The service model of care is person centred, strength based, and recovery focused, building connections between customers and their natural supports, providing opportunities for skill development, enhance social relationships, and community access

The service will accommodate 6 customers in the first instance increasing to 10 customers within the first year.

As Mackay SUSD is a 24-hour service, the Peer Practitioner role will therefore involve working some evenings and weekends.



Key responsibilities

Peer work	<ul style="list-style-type: none"> • Utilise your own lived experience to inform your work and the work of the team • Influence the team to deliver services that are consistent with recovery oriented practice • Disclose your lived experience in an appropriate and purposeful manner to support the recovery of clients • Lead peer support groups and workshops based on peer values and principles • Engage with clients to plan and co-facilitate groups/events • Support the team to understand and embrace peer values and principles
Provide direct support to individual customers	<ul style="list-style-type: none"> • Work with customers to enable them return to their place of residence and a meaningful life through supporting them through a staged approach to recovery: <ul style="list-style-type: none"> – Welcoming and engagement – Strengths identification and individual recovery plan development – Skill and capacity development – Engagement and maintenance of natural supports – Service exit and on-going self-management support • Support customers in a range of areas including: <ul style="list-style-type: none"> – Understanding and managing customer’s own mental health – Developing daily living skills and capacity for self-care – Crisis and incident management – Addressing stigma and managing issues arising from trauma – Managing physical health – Support the management of drug and alcohol issues – Support to maintain or create meaningful activity through participating in community life, including education and employment and utilising public transport • Purposefully engage with customers using techniques including: <ul style="list-style-type: none"> – Brief intervention – Motivational interviewing and coaching – Family inclusive practice – Trauma informed practice – Conflict resolution • Behaviour support for dual diagnosis
Provide support to families and carers	<ul style="list-style-type: none"> • Support family and carer roles through understanding their concerns and the provision of information, education and referrals • Facilitate, as appropriate, the re-engagement and maintenance of family and carer relationships • Work with families and carers at the time of transition back to community
Provide support to team members	<ul style="list-style-type: none"> • Provide lived experience perspective to team and systematic advocacy to support team members in carrying out their responsibilities
Undertake group work	<ul style="list-style-type: none"> • Plan and develop group work programs that will assist customers to build their skills, focus on their recovery and work towards transitioning back to their natural community • Deliver group work programs as the lead/co-facilitator • Evaluate and review group work programs
Work with other services in the residential cluster (if applicable)	<ul style="list-style-type: none"> • Deliver group workshops and outings with other services • Work at other services as required
Work with local service providers	<ul style="list-style-type: none"> • Engage with customers to fully understand their need for assistance from local service providers with clinical mental health, physical health, education and employment, eligible entitlements and benefits, housing, transport, recreation and social connections • Make linkages and build relationships and referral pathways to maintain or create a range of local supports for customers that facilitate them living the life of their choosing in their own community
Housekeeping	<ul style="list-style-type: none"> • Contribute to the day to day operations of the residential service through undertaking a range of housekeeping duties including: <ul style="list-style-type: none"> • Preparing rooms for new residents • Washing linen • Food shopping and meal preparation • Ensuring all communal areas are home-like and welcoming at all times



Other

- Undertake relevant training and professional development, including regular supervision and Mind's 5-day peer support training
- Documents all activities using Mind's ICT system and processes
- Actively participate, contributing to your team and wider organisational initiatives
- Take personal responsibility for the quality and safety of work undertaken
- Contribute to service delivery improvements
- Other duties as delegated

Reporting relationships

Reports directly to the Service Manager

Position requirements

Core Requirements

- Lived experience of mental ill health and or recovery AND the ability and willingness to use this to inform your work and the work of the team including our clinical partners.
- Tertiary qualifications (minimum certificate IV) in Peer Work, Mental Health, Psychology, Social Work, Occupational Therapy or other health related field as designated by Mind
- Current valid Driver's License.
- Current National Police Record Check.
- Current Blue Card (Employee).
- Not listed on the Disability Worker Exclusion Scheme list.

Key capabilities

1	Resilience (PA-RES-2)	Remains calm and optimistic and supports others in working through challenges
2	Responsiveness (PA-Res-2)	Models resourcefulness and a positive, solution focused approach to a changing environment
3	Customer service (RS-Cus-2)	Models and promotes flexible and customer focused standards of customer service
4	Communication (RS-Com-2)	Models effective clear confident communication, active listening and supports others to do the same
5	Commitment to team (RS-Ctm -1)	Actively cooperates and contributes to team discussions with a focus on creating solutions
6	Problem solving (RE-Pro-2)	Applies logic, judgment and data to address issues and invites collaboration

Conditions of employment

This position is part time fixed term contracting working 22.8 hours per week. Working days will generally be worked between the hours of 8am to 6pm, but will involve working evenings and weekends as required.

Please note that the work pattern may be subject to change to meet the needs of the service.

You are able to salary package a tax free amount, which is currently up to \$15,900 per FBT year, plus other items including meal and entertainment and accommodation. The amount available for salary packaging will be subject to Commonwealth legislation as it applies from time to time and on the basis that Mind will not incur any liabilities for FBT. Mind offers salary packaging through an outsourced provider (currently RACV Salary Solutions).

Other conditions are as per Mind's industrial agreement.

Employer superannuation contribution will be paid according to the legislative requirement.

Appointment is subject to a six month probationary period of employment.

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www.youtube.com/mindaustralia