

GROUP FACILITATION FOR PEER WORKERS

2 Day practical workshop



This interactive, practical workshop is ideal for any current or aspiring peer workers wanting to learn how to facilitate recovery based, peer-led support groups.

This workshop is not specific to hearing voices and would be useful for any peer facilitators who need an introductory workshop to get started.

Date	17th & 18th July 2017
Time	9.30am – 4.30pm daily
Venue	211 Chapel Street, Prahran
Fees	\$400 Full fee \$320 Student fee \$50 Concession

Participants will learn the basics about group dynamics and facilitation, concepts and practical skills for support groups, communication skills, self care and the ways in which peer-led groups may be different and similar to other support groups.

There will be opportunities to practice and debrief, while focusing on scenarios that might be expected when working in a group setting

This workshop is ideal if you:

- Have lived experience of recovery work and/or being a consumer
- Have attended a support group in the past and/or are interested in facilitating groups in the future
- Considering or just starting out in peer work or consumer consultancy
- Are willing to share your own experiences if/when appropriate
- Are keen to explore facilitation skills for peer support groups
- Feel drawn to working with a shared perspective
- Are collaborative and empathetic, believing in the capacity for recovery in each of us



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